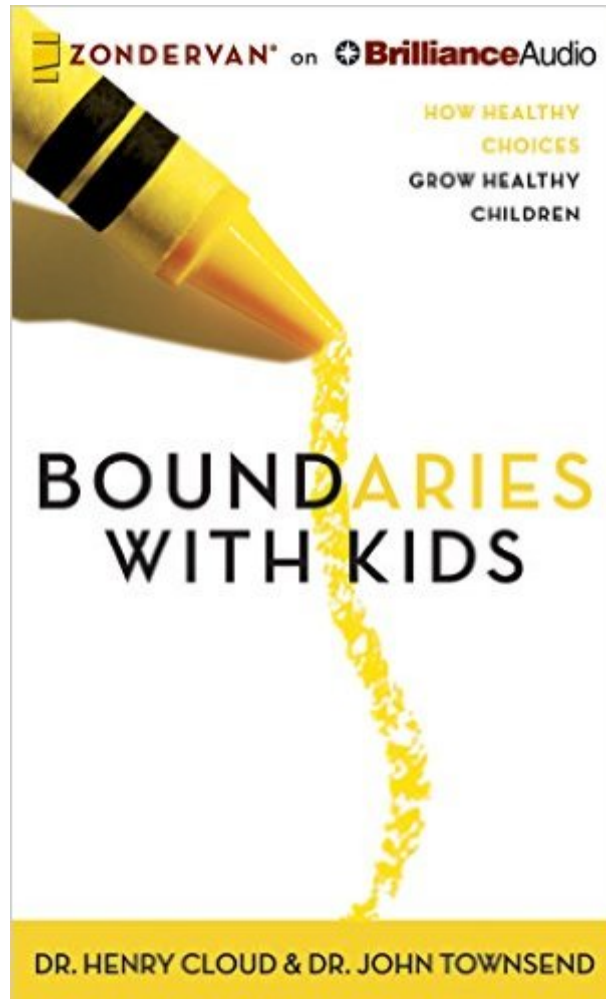


The book was found

# Boundaries With Kids: How Healthy Choices Grow Healthy Children



## Synopsis

What the award-winning *Boundaries* has done for adult relationships, *Boundaries with Kids* will do for you and your children. Here is the help you need for raising your kids to take responsibility for their actions, attitudes, and emotions. Drs. Henry Cloud and John Townsend take you through the ins and outs of instilling the kind of character in your children that will help them lead balanced, productive, and fulfilling adult lives. Learn how to set limits and still be a loving parent, bring control to an out-of-control family life, apply the ten laws of boundaries to parenting, define appropriate boundaries and consequences for your kids, and much more. "Boundaries with Kids helps us give our kids the skills they need to live realistic and full lives in meaningful relationships. Not perfect, but healthy!" —Elisa Morgan, president of MOPS International, Inc.

## Book Information

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## Customer Reviews

I'm able to find something I heartily disagree with in every childcare or child discipline book I read. Even in my favorites. But I thought my head was going to fall off I nodded so hard while reading this book. I used to hedge daily on discipline worrying I was "hurting" my kids too much when I had to enforce loss of privileges. This book made me see that all consequences are painful...they are supposed to be. But painful and harmful are not the same thing. Just because my child is temporarily unhappy, that doesn't mean she is permanently scarred. All growth is painful. The flip side to the advice is you should balance your enforcement of consequences with empathy, affection, and support. You are neither your child's enemy nor his friend. You are his parent. I was able to immediately put the good advice to use right away and my family is so much more peaceful!

Boundaries really are good for building character, increasing empathy, and as converse as it may sound, strengthening the relationship between you and your children. The authors are both psychotherapists and devout Christians. I thought the Christian bent might annoy me but the scriptures quoted were used sparingly and only enhanced the eloquence and relevance of the text. I wholeheartedly recommend this book to friends and relatives, Christian and secular. Buy this book and you will walk around thinking "I know which boundaries HIS/HER parents didn't enforce as a child." What an enlightening book!

This book has helped my husband and I to not only be on the same page with our discipline methods but also to really focus on how our 3 kids behaviors right now in the present will affect their future when they are on their own. It has helped us to set boundaries for them and is also teaching our kids to learn to set firm boundaries on their own with their lives. I had yet to find a book on raising children that is so clear and effective and really guides you through how to be an effective parent for the good of your kids future. I also highly recommend the book "Raising Great Kids" which is by the same authors.

At age 13, nothing had worked. My son was stubborn, uncooperative, lying & lazy - at best. My fiancée threw up his hands in disgust & told me I was on my own with this problem. Reading this book and implementing its contents as I went along, has made all the difference in the world! Seeing all I had done wrong in the past (to help create this monster), and having guidelines to follow to correct the set bad patterns - priceless! The book is written clearly & matter-of-factly. It shows where I contributed to my son's poor behavior. It shows compassion for how difficult it is to change our patterns. This book is worth every penny - worth every moment. I now have a cooperative, responsible, cheerful, loving son! & he has a mom who is firm, loving, and VERY happy!

Because I travel in my car so much I listen to a lot of books on tape. This is one of the best I have ever listened to. It was very REAL and the authors related right on with the feeling of parents. Even though it was obvious the authors came from a christian background (as do I) the book did not make that the basis of the book. The book gave real solutions to existing problems and great advice on fixing situations so other problems do not arise in the future. Some of the ideas and principles are tough to stomach as a parent but have worked miraculously(sp) with my 2 year old. The book so good I bought 3 copies for friends and my brother. I also bought their other book on boundaries in marriage which I am looking forward to listening to soon.

Having read the Boundaries book, I was excited to read this book directed at parents. I was not disappointed. With the same common-sense approach that I found in the original, the authors give encouragement and direction for floundering parents. Since I was already aware of the principles of the book, the greatest benefit to me was the encouragement - the affirmation that my focus and energy were well aimed. I would highly recommend this book to any parent who is not certain that he or she IS the parent - the leader - in his or her home...or any parent who has become confused in light of well-intentioned, but not accurate or Biblical, pop-psychology that encourages a hands-off approach to parenting. This book reminds us that we ALL appreciate boundaries - and children might appreciate them even more than adults do.

I am only halfway through the book and already I have found it tremendously helpful. It has made me realize that even though there is a lot of instinct involved in parenting I must not just parent on a whim. It must be purposeful and planned with goals set for both my children and myself. I cannot just "let it happen." This book has also made me take a hard look at myself and realize areas where I have faulty thinking and need to work on personal growth. The authors achieve this with a gentle firmness, not making one feel guilty but rather inspired to make the necessary changes. Quote from the book, "Children don't have it in them to grow themselves up. They respond and adapt to how they are parented."

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